








Gouverneur Central Elementary Lunch Menu - DECEMBER 2017
(Subject to Change Without Notice)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Lunch Prices Pre-K—4 \$1.75 5—12 \$2.00 Reduced Price Lunch—\$0 Milk — \$0.45</p>	 <p>Available Daily with Lunch: Assorted Milk, Assorted Fresh Fruit & Vegetables</p>		<p>1 (1) Sloppy Joe Sandwich on Whole Wheat Roll Seasoned Green Beans Chilled Applesauce & Milk</p> <p>OR (2) Bologna Sandwich</p>
<p>4 (1) Hamburger on Whole Wheat Bun Baked Beans Chilled Strawberries & Milk</p> <p>OR (2) Tuna Sandwich</p> 	<p>5 (1) Chicken Fajita over Rice Steamed Corn Chilled Applesauce & Milk</p> <p>OR (2) Tuna Sandwich</p>	<p>6 (1) Homemade Whole Wheat Pizza Steamed Broccoli Chilled Pears & Milk</p> <p>OR (2) Tuna Sandwich</p>	<p>7 (1) Grilled Cheese Sandwich Tomato Soup Steamed Corn Chilled Mixed Fruit & Milk</p> <p>OR (2) Tuna Sandwich</p>	<p>8 (1) Boneless Chicken Wings Dinner Roll Sweet Potato Home Fries Green Beans Chilled Peaches & Milk</p> <p>OR (2) Tuna Sandwich</p>
<p>11 (1) Buffalo Baked Stuffed Pasta Bosco Stick Whole Kernel Corn Chilled Pears & Milk</p> <p>OR (2) Turkey Sandwich</p>	<p>12 (1) Popcorn Chicken Whole Wheat Dinner Roll Black Bean Salad Seasoned Green Beans Chilled Peaches & Milk</p> <p>OR (2) Turkey Sandwich</p>	<p>13 (1) Homemade Whole Wheat Pizza Steamed Broccoli Chilled Pears & Milk</p> <p>OR (2) Turkey Sandwich</p> 	<p>14 HOLIDAY LUNCH (1) Baked Glazed Ham Mashed Potatoes Dinner Roll Peas Ice Cream Cup Milk</p> 	<p>15 (1) French Toast Sticks Sweet Potato Home Fries Sausage Cinnamon Applesauce & Milk</p> <p>OR (2) Turkey Sandwich</p>
<p>18 (1) Ham & Cheese Melt Hash Browns Chilled Mixed Fruit & Milk</p> <p>OR (2) Ham Sandwich</p>	<p>19 (1) Hot Dog / Whole Wheat Roll French Fries Baked Beans Chilled Peaches & Milk</p> <p>OR (2) Ham Sandwich</p>	<p>20 (1) Homemade Whole Wheat Pizza Steamed Broccoli Chilled Pears & Milk</p> <p>OR (2) Ham Sandwich</p>	<p>21 (1) Chicken & Biscuits Mashed Potatoes Steamed Corn Chilled Applesauce & Milk</p> <p>OR (2) Ham Sandwich</p>	<p>22</p> 

WINTER RECESS 12/22/17 – 1/1/18

<p>Monday Alternates (3) Peanut Butter & Jelly Sandwich (4) Chicken Nuggets w/WW Dinner Roll</p>	<p>Tuesday Alternates (3) Peanut Butter & Jelly Sandwich (4) Grilled Cheese Sandwich</p>	<p>Wednesday Alternates (3) Peanut Butter & Jelly Sandwich (4) Chef Salad w/WW Dinner Roll</p>	<p>Thursday Alternates (3) Peanut Butter & Jelly Sandwich (4) Chicken Burger on WW Roll</p>	<p>Friday Alternates (3) Peanut Butter & Jelly Sandwich (4) Shrimp Poppers / Dinner Roll</p>
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FREE BREAKFAST FOR ALL STUDENTS: Assorted Cereals, Fruit, 100% Fruit Juice & Milk

<p>Monday Alternates French Toast Sticks w/Syrup</p>	<p>Tuesday Alternates Egg & Sausage Sandwich</p>	<p>Wednesday Alternates Fresh Baked Cinnamon Rolls</p>	<p>Thursday Alternates Breakfast Pizza</p>	<p>Friday Alternates Pop Tart & Yogurt</p>
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